

Joy's Spiritual & Healing Power with Dave Cumes

JUNE 27, 2026
10:00 AM - 12:00 PM

SCHOTT AUDITORIUM
310 W. PADRE ST, SANTA BARBARA CA
ROOM 14

Practical approaches for staying grounded during times of stress and uncertainty

Timeless wisdom on building resilience and maintaining perspective

Ways to turn challenges and conflict into opportunities for personal growth

Habits and practices that contribute to greater well-being and fulfillment

Whether you're looking for fresh perspectives, practical tools, or simply an opportunity to reflect and recharge, this program offers ideas you can apply in everyday life.

